

Pregnancy Health

Naturopathic

At BodyActive we offer a comprehensive Pregnancy Health & Wellbeing consultation for you with our Naturopath. During the consultation you will be able to discuss a wide range of issues including diet, herbs, vitamins and other supplements, reading suggestions, exercise and preparing for the birth.

Massage

We specialise in pre and post natal massage treatments. Our professionally trained staff understand the changes and discomforts a woman undergoes during pregnancy.

For your comfort and enjoyment, we use specially designed pregnancy support cushions, allowing you to lie face down during the massage while giving support to your whole body. Experience total relaxation as you feel your discomforts dissipate completely during the massage.

This style of massage is effective and safe right up until term, bringing comfort and energy back to the mother-to-be.

**Redeem this voucher for
a 10% discount on your
initial treatment**

Gift vouchers available

Private health fund rebates available



**BodyActive
therapies**

Pregnancy

